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**To:** All KU Lawrence and Edwards Students; KU Lawrence All Staff, Faculty and Affiliates

**Subject:** Coronavirus Spring Break Guidance

## Coronavirus Spring Break Guidance

Spring Break begins next week, and with the spread of coronavirus, students and faculty/staff may have questions and concerns about travel, both inside the U.S. and overseas. While there are no confirmed cases of COVID-19 in Kansas, KU is continuing to plan for potential exposures.

Travelers should research their destinations for travel alerts and/or warnings. If you are traveling to countries affected by COVID-19, we strongly encourage you to reconsider your plans due to potential quarantine in either that country or when you return to the U.S. This could severely affect your plans and/or delay your return home.

If you do plan to travel internationally, we appreciate you registering with KU ahead of time. Students can register via our [Student International Travel Registry](#) and employees can send an email summarizing planned travel to the [Administration and Finance](#).

The coronavirus situation is rapidly evolving and KU encourages you to check both the [CDC](#) and [World Health Organization \(WHO\)](#), for travel advisories. Depending on your destination, you may have to make the difficult decision to change or cancel plans to ensure your own well-being and timely return to KU.

If you have questions, contact [Watkins Health Services](#) or your primary health care provider.

Before leaving on a Spring Break trip, students, faculty and staff should take the following steps:

- Monitor travel alerts daily.
- Visit the CDC website for [travel alerts](#).
- Do not travel if you are currently sick.

Routine health precautions to take while traveling:

- Wash your hands frequently with soap and water or use alcohol-based hand sanitizer.
- Do not share food or drinks, eating utensils or smoking devices with others.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Clean and disinfect shared surfaces and frequently touched objects.
- Wipe your airplane seat, tray and hand rests with disinfectant wipes.
- Avoid close contact with anyone with cold or flu symptoms.
- Cover a cough or sneeze with your forearm.
- Do not leave your hotel or resort if you are sick and seek medical care as needed.

If you traveled to an area with a coronavirus outbreak and develop a fever, cough or breathing issues, contact [Watkins Health Services](#) or your primary health care provider immediately for instructions. Have a good Spring Break, but please take care of yourself.

Watkins Health Services  
785-964-9500